

## INITIAL HISTORY FORM

**Patient name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Main reason for today's visit** (Describe briefly the illness and its duration):

**Present Medications**(including the strength and frequency):  
(Include over-the-counter medications also):

**Allergies to Medications:** Yes\_\_ or No\_\_  
If yes, list:

### **Symptoms Review:**

Circle any of the following symptoms you are experiencing now or in the recent past:

Ears: pain, drainage, stuffiness, hearing loss, ringing, dizziness

Nose and Sinuses: Headache, Facial pressure or pain, Pressure around/behind eyes, nose bleed, nasal discharge, postnasal drip, nasal stuffiness & obstruction, snoring, cough, poor smell and taste, excessive sneezing, Itching inside nose, eyes, Red eyes, etc.

Throat: sorethroat, hoarseness, difficulty swallowing, Bleeding from mouth/throat

General: Loss of weight, poor appetite, fatigue, fever, chills, night sweats

Skin: rashes, hives, easy bruising

GI: heartburn, belching, nausea, vomiting, diarrhea, constipation

Cardiovascular: chest pain, palpitation, swollen feet

Resp: cough, wheezing, shortness of breath, daytime sleepiness, snoring

Neuro: blurred vision, double vision, slurred speech, weakness, tingling or numbness of face or extremities

GU: Frequent urination, burning urination, blood in the urine,

### **Past Medical Conditions:**

(Circle any of the following medical conditions diagnosed at present or in the past):

Diabetes, High Blood Pressure, Heart problem, Lung problem, asthma, Kidney failure, Bleeding or coagulation disorder, TB, Hepatitis, glaucoma, seizures, stroke, etc.

Any other medical diagnosis: \_\_\_\_\_

**Previous Surgical Procedures:** Yes\_\_\_No\_\_\_

If yes, list the name and date of the Procedure starting from the most recent:

**Hospitalization in the past:** Yes\_\_No\_\_\_

If yes, list the diagnosis and date starting from the most recent

**Social History:**

**Tobacco(Smoke)**including in the past: Yes\_\_\_No\_\_\_

If yes, how much and how long: \_\_\_\_\_

**Tobacco(chew)**including in the past: Yes\_\_\_No\_\_\_

If yes, how much and how long: \_\_\_\_\_

**Alcohol** use (including in the past): Yes\_\_\_No\_\_\_

If yes, what kind, how much and how long: \_\_\_\_\_

**Substance** abuse (including in the past) Yes\_\_\_No\_\_\_

If yes, give details: \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Exposure to Noise**(including in the past) Yes\_\_\_No\_\_\_

If yes, give details: \_\_\_\_\_

**Any Pets** at home: \_\_\_\_\_

**Family History:**

(Skip this if you are 65 and above)

Parents and their ages: \_\_\_\_\_

If deceased, at what age and what was the reason:

Siblings and their ages: \_\_\_\_\_

If deceased, at what age and what was the reason:

If any of the above persons and/or any other immediate blood relative have any of the following medical conditions:

Bleeding or coagulation disorder: Yes\_\_\_No\_\_\_

If yes, describe: \_\_\_\_\_

Cancer: Yes\_\_No\_\_

If yes, describe: \_\_\_\_\_

Hearing loss before the age of 25: Yes\_\_\_No\_\_\_

Any other significant medical condition: Yes\_\_\_No\_\_\_

If yes, describe: \_\_\_\_\_

